



# ORPP CANADA

## 28 Hour Comprehensive Assessment and Treatment Program

IAOM CERTIFICATION TRACK ELIGIBLE

*Functional, practical and effective education  
by clinicians for clinicians to link research with practice.*



### Experienced Instructors

Certified Orofacial Myologists  
Registered Speech Language Pathologists  
Private Practice Clinic Owners

- Both with almost 20 years of clinical practice in orofacial myology.



### Practical Hands on Learning

Well organized, thorough and practical learning for the busy clinician using:

- Case studies - pediatric and adult
- Videos
- Clinical discussions.



### Ready to Use Materials

Personalized and downloadable (with your clinic contact details):

- Homework Sheets
- Evaluation Form
- Evaluation Summary
- Treatment Exercise Sheets
- Referral Source Updates

### Live Class Via Zoom

Only 2 Offerings in 2024

*Course Runs Thursday Friday over two weeks.*

Spring: April 18, 19, 25 & 26

Winter: Nov 28, 29, Dec 5 & 6

### Course Fees

Early Bird Rate: \$2297 CAN

Regular Rate: \$2697 CAN

Payment accepted by EMT or Credit Card



Register Today  
&

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This 28 hour dynamic course includes theory, demonstration, case studies and clinical practice. The goal of this 4-day course is to provide attendees with a comprehensive understanding of what OMDs are, as well as the knowledge, skill and confidence to appropriately identify, diagnose and successfully treat them. Attendees will leave this course with the knowledge and tools required to put their new skills immediately into action in current practice and/or as a foundation to develop a successful and effective private practice. Attendees will work through and receive the ORPP assessment tool, treatment framework and personalized treatment resources. ORPP Canada has done the prep work so you don't have to!

**Target Audience:** Speech language pathologists, orthodontists, dentists and registered dental hygienists. Other licensed/regulated professionals with appropriate scope of practice are welcome with IAOM permission.

[www.orppcanada.com](http://www.orppcanada.com)



# Learning Outcomes and Methodologies

**Instructional Methodologies:** This course will be a live online format via Zoom.

Learning will be via lecture, videos, case studies and hands on learning.

## Learning Outcomes:

- Summarize the history of the International Association of Orofacial Myology including, scope of practice, IAOM certification procedures, benefits of memberships, the IAOM's non profit status and the need for volunteerism.
- Identify the anatomy and physiology related to orofacial myology.
- Recognize proper and improper oral resting postures of the lips, tongue and jaw.
- Select appropriate individualized treatment exercises for patients with an orofacial myofunctional disorder.
- Explain the link between oral rest posture to speech sound production and swallow patterns observed.
- Identify noxious habits/digit-sucking.
- Recognize steps to an effective habit elimination program.
- Identify medical issues as they relate to OMD evaluation and treatment (airway obstruction, recognizing symptoms associated with disorders of sleep disordered breathing, decreased oral airway and other associated breathing difficulties)
- Discuss the functional implications of lingual and labial oral restrictions on oral rest posture.
- Recognize airway concerns that may impact oral structures and the resulting dysfunctional patterns.
- Identify dental/orthodontic fundamentals including occlusion, malocclusion, orthodontic appliances and palatal expansion devices.
- Active participation in case study learning including: history taking, evaluation, measurements, report writing, treatment planning and treatment cueing.
- Explain the ORPP Treatment Framework and individualize treatment from conception through retention with specific focus on habituation and timing of discharge.
- Summarize the ORPP Framework for behavioural therapy including the principles of motor learning, neuroplasticity and scaffolding cueing for success.
- Illustrate the importance of community collaboration - understanding when and why to refer.
- Define asepsis for the orofacial myologist.
- Identify ORPP Business Basics including practice management: forms, scheduling, treatment planning, documentation and marketing ideas.

## About the Instructors

**Nicole Dickson, MSLP, R.SLP, S-LP(C), COM®** has been a Registered Speech Language Pathologist since 2003 and qualified as a Certified Orofacial Myologist in 2016. She owns and operates a successful private practice focusing on speech, language and social communication as well as orofacial myofunctional disorders in pediatrics and adults.

### Financial Disclosures:

- Nicole is the owner and therapist at Communication is Great! INC.
- Nicole is also a presenter for ORPP Canada and receives content creator and presenter fees.

### Non Financial Disclosures:

- Alberta College of Speech-Language Pathologists (ACSLPA) - Member
- Speech Language and Audiology Canada (SAC) - Member
- International Association of Orofacial Myology (IAOM) - Certified Orofacial Myologist and Active Member

**Karrie Page, MSLP, R.SLP, S-LP(C), COM®, IBCLC** has been a Registered Speech Language Pathologist since 2002 and became a Certified Orofacial Myologist in 2016 and qualified as an International Board Certified Lactation Consultant in 2021. Karrie owns and operates a successful private practice focusing on orofacial myofunctional disorders and infant feeding and lactation.

### Financial Disclosures:

- Karrie is the owner and therapist at Tip of the Tongue Orofacial Myology and Lactation Services.
- Karrie is a presenter for ORPP Canada and receives content creator and instructor fees.
- Karrie is employed part time by Alberta Health Services as a speech-language pathologist

### Non Financial Disclosures:

- Alberta College of Speech-Language Pathologists (ACSLPA) - Member
- Speech Language and Audiology Canada (SAC) - Member
- International Association of Orofacial Myology (IAOM) - Certified Orofacial Myologist and Active Member

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# FAQ, Disclosures and Fees

## What makes the ORPP course unique?

The Orofacial Rest Posture Program is a dynamic program developed by two currently practicing therapists for therapists. The program developed from clinical need and the desire for something functional, effective and efficient. Since its inception in 2008 the program has been continually updated and modified to reflect current research and clinical practice. ORPP is Canadian and was the first comprehensive training program provided in Canada by 2 SLPs with a special interest in OMDs. Upon completion of an ORPP course, graduates will receive access to personalized ORPP documentation to use in their practice the very next day!

## Is there a fee to access ORPP materials?

No! Once you are ORPP trained you have ongoing access to PERSONALIZED printable ORPP materials through the clinician login.

## Who can train with ORPP Canada?

Therapists from all over the world can attend an ORPP Canada live virtual course. Please note that all course offerings are offered in Mountain Standard Time (MST). Should you wish to host a private course during your local time zone, please contact ORPP Canada to discuss this directly. Eligible Attendees include Speech Pathologists, Registered Dental Hygienists, Dentists, Orthodontists and Physicians.

## What currency are ORPP course fees processed in and what payment types are accepted?

All course fees are listed in Canadian funds and will be processed in Canadian funds. Fees are accepted via electronic money transfer (EMT) or by credit card. Please note registration is not finalized until the payment for the course has been processed (this includes time the financial institution requires to clear any payments).

## What is the ORPP Cancellation Policy?

Registration for the ORPP course is not complete until the instructors receive the demographic registration information, payment and licensure equivalent for the potential attendee. Course registration is limited to ensure a small attendee to instructor ratio. Should you need to amend your registration we will work with you the best we can but please note the following. Requests for refund must be made in writing to [orppcanada@gmail.com](mailto:orppcanada@gmail.com) and received by ORPP Canada no less than 6 weeks before the date and time of the live course. Any cancellation will result in return of registration fee minus \$500 which covers the administration fees. Cancellation requests made between 4-6 weeks before the start date of the course will not be eligible for a refund but may be eligible for:  
1. Registration transfer to a different qualifying therapist OR  
2. Change of date/time of the same course within the calendar year.  
Cancellation requests made less than 4 weeks before the start of the course date/time may not receive a refund nor a course transfer. When you register for a course it is understood that you agree to these terms.

## Does ORPP Provide a Special Needs Accommodation?

Registrants with special needs are encouraged to contact the ORPP Registrar directly so that appropriate accommodations can be provided in a timely manner. To make these individual requests, please:

- Contact the ORPP registrar to request your specific accommodations by emailing [orppcanada@gmail.com](mailto:orppcanada@gmail.com) with "Special Needs Accommodation" in Subject line.
- Detail your specific accommodations requested.
- ORPP Canada will respond within 10 days to your request.

## What is the ORPP Canada Complaint Resolution Process?

Should any ORPP Canada attendees have any complaint or criticism of the process involved in purchasing a course or courses, use of the website, quality of the course, they may lodge a complaint directly to ORPP Canada by sending an email to [orppcanada@gmail.com](mailto:orppcanada@gmail.com) at any time throughout the participant's experience, describing the nature of the problem/criticism and/or describing the concern or criticism in the evaluation or course content summary completed at the end of the course. A response will ensue within 10 days of receipt of the complaint in which the attendee will be communicated with fairly, emphasizing a high priority to customer satisfaction and providing correction if needed.

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ORPP CANADA Comprehensive Assessment and Treatment Program  
4 Day 28 Hour Training Course  
VIRTUAL COURSE TIMED AGENDA

	<b>DAY 1</b>	
<b>8:15</b>	<b>SIGN IN</b>	
8:30	Welcome & Hands on Learning (Terminology, True/False, Clinical Case Studies Adult and Pediatric)	1.0
9:30	ORPP Program Overview and Goals of the Course	1.5
<b>11:00</b>	<b>BREAK</b>	
11:15	Historical Review of Orofacial Myofunctional Disorders (OMDs)	1.0
12:15	Overview of the International Association of Orofacial Myology (IAOM)	.25
<b>12:30</b>	<b>LUNCH</b>	
1:00	Etiologies and Prevalence of OMDs	1.0
2:00	Anatomy and Physiology Related to OMDs	.75
2:45	Link between OMDs and Speech	.5
<b>3:15</b>	<b>BREAK</b>	
3:30	Review of Normal and Abnormal Oral Rest Posture and Swallow Patterns	1.0
<b>4:30</b>	<b>SIGN OUT and DISMISSAL</b>	
	<b>TOTAL HOURS</b>	<b>7.0</b>



**ORPP CANADA Comprehensive Assessment and Treatment  
Program  
4 Day 28 Hour Training Course  
VIRTUAL COURSE TIMED AGENDA**

	<b>DAY 2</b>	
<b>8:15</b>	<b>SIGN IN</b>	
<b>8:30</b>	Getting Ready for Evaluation: Referrals, Business Basics, Clinical Safety, Asepsis, Photo Documentation	.5
<b>9:00</b>	ORPP Evaluation Step by Step (ORPP evaluation tool, video analysis practice)	2.0
<b>11:00</b>	<b>BREAK</b>	
<b>11:15</b>	ORPP Evaluation Step by Step- Continued	1.0
<b>12:15</b>	Analysis and Interpretation of ORPP Evaluation Findings including the ORPP Treatment Decision Flow Chart	.75
<b>1:00</b>	<b>LUNCH</b>	
<b>1:30</b>	Putting Learning into Action - Case Study Review	1.0
<b>2:30</b>	To Treat or Not to Treat When, Why and How to Proceed including Possible Barriers to Success such as Tethered Oral Tissues and Dental Appliances	.5
<b>3:00</b>	<b>BREAK</b>	
<b>3:15</b>	To Treat or Not to Treat. When, Why and How to Proceed including Possible Barriers to Success such as Tethered Oral Tissues and Dental Appliances	.5
<b>3:45</b>	ORPP Treatment Framework Overview Nuts and Bolts of ORPP, Phases of Treatment and Practicing the Lingo, How to explain ORPP to Parents	.75
<b>4:30</b>	<b>SIGN OUT AND DISMISSAL</b>	
	<b>TOTAL HOURS</b>	<b>7.0</b>



**ORPP CANADA**  
**Comprehensive Assessment and Treatment Program**  
**4 Day 28 Hour Training Course**  
**VIRTUAL COURSE TIMED AGENDA**

	<b>DAY 3</b>	
<b>8:15</b>	<b>SIGN IN</b>	
<b>8:30</b>	ORPP Methods for Sustaining Mastery	1.25
<b>9:45</b>	ORPP Treatment Framework	1.25
<b>11:00</b>	<b>BREAK</b>	
<b>11:15</b>	ORPP Treatment Framework Continued	1.75
<b>1:00</b>	<b>LUNCH</b>	
<b>1:30</b>	ORPP Treatment Framework Continued	1.5
<b>3:00</b>	<b>BREAK</b>	
<b>3:15</b>	ORPP Treatment Framework Continued	1.25
<b>4:30</b>	<b>Sign out and Dismissal</b>	
	<b>TOTAL HOURS</b>	<b>7.0</b>





**ORPP CANADA**  
**Comprehensive Assessment and Treatment Program**  
**4 Day 28 Hour Training Course**  
**VIRTUAL COURSE TIMED AGENDA**

	<b>DAY 4</b>	
<b>8:15</b>	<b>SIGN IN</b>	
<b>8:30</b>	Setting up for Success! Practice the Lingo and Treatment Efficacy	<b>1.0</b>
<b>9:30</b>	Therapeutic Strategies within the ORPP Framework: Considerations with Tethered Oral Tissues, Habit Elimination, Mini ORPP	<b>1.5</b>
<b>11:00</b>	<b>BREAK</b>	
<b>11:15</b>	Therapeutic Strategies within the ORPP Framework: Considerations with Tethered Oral Tissues, Habit Elimination, Mini ORPP	<b>.75</b>
<b>12:00</b>	Hands on Learning - Adult and Pediatric Case Studies	<b>1.0</b>
<b>1:00</b>	<b>LUNCH</b>	
<b>1:30</b>	Hands on Learning - Adult and Pediatric Case Studies	<b>1.5</b>
<b>3:00</b>	<b>BREAK</b>	
<b>3:15</b>	Pulling it All Together: Community Connection, Education and Collaboration with Patients and Referral Sources	<b>.75</b>
<b>4:00</b>	Review & Questions	<b>.5</b>
<b>4:30</b>	<b>Sign Out and Dismissal</b>	
	<b>TOTAL HOURS</b>	<b>7.0</b>